YOUTH & ADULT KARATE AT UNIVERSITY VILLAGE

Shotokan karate is a formal and traditional Japanese karate with an emphasis on the integrated training of mind, body and spirit. Its hard, graceful and efficient fighting techniques offer an effective system of self-mastery and self-defense. Practice of this system improves timing, defensive awareness. We offer instruction in a disciplined environment, students build endurance, alertness, confidence and self-esteem.

YOUTH: $25 PER MONTH  ADULT: $45 PER MONTH

SPECIAL INTRODUCTORY PRICE FOR FIRST 4 MONTHS. REGULAR PRICES: $60 & $120 PER MONTH
MEMBERS CAN COME TO CLASS UP TO 3 TIMES PER WEEK!

MONDAYS 6:00PM-7:30PM
THURSDAYS 7:00PM-8:30PM
SATURDAYS 4:00PM - 5:30PM

UNIVERSITY VILLAGE’S
APPARATUS BAY
1051 MONROE ST
ALBANY, CA 94706

QUESTIONS / INFO: BIJANSOLE@GMAIL.COM OR 510-520-8378
MONTHLY PAYMENTS PAYABLE THROUGH VENMO TO: BIJAN-SOLEIMANI-1