Group Triple P
Takes the guesswork out of parenting

Positive Parenting Program (Triple P) is designed to give parents the skills they need to raise confident, healthy children and teenagers and to build stronger family relationships. Triple P doesn’t tell people how to parent. Rather, it gives parents simple and practical strategies they can adapt to suit their own values, beliefs and needs. The benefits can be dramatic and long-lasting.

New positive parenting course starts soon...

PROGRAM DETAILS:
WHO: Open to UVA residents & UC Berkeley students with children ages 0-12 years old.
WHEN: Two separate 8 Week courses beginning the week of October 12th 2020
TIME & LOCATION: Tuesdays 1-2:30pm OR Thursdays 3:00-4:30pm
REGISTER TODAY:
To sign up for this program, please complete your registration using the link below:
https://forms.gle/NKnx7kXdRZ2U6sATA
*Due to limited space, each group is limited to 12 participants maximum.

For more information, please call us at: Zenaida Hernandez, LCSW @ 510-520-7031/Jason Straussman, AM, ACSW @ 510-561-8199.

www.triplep-parenting.net