Book a Counseling Service At The Tang Center in

3 STEPS

01  Go to etang.berkeley.com
02  Click on "Appointments"
03  Click on "CAPS Telephone Traige Appointments"

Or Call CAPS at (510)642-9494

CAPS provides a 15 minute telephone triage to assess a student's needs and to direct students to the most appropriate counselor. During the triage appointment the counselor will assist you with determining appropriate next steps. This might include any of the following:

- A 45-minute in-person counseling appointment (generally available within 1-2 weeks)
- Crisis drop-in counseling (available Monday-Friday 10am-5pm for urgent concerns)
- Group counseling
- A referral to other resources

*Counseling, Psychiatry, Social Services, and Career Appointments are all available at the Tang Center*